Bell Pepper and Apple Coleslaw

**Dressing Ingredients**
- 1 tablespoon vegetable oil
- ¼ cup apple juice
- 2 tablespoons cider vinegar
- 2 teaspoons Dijon mustard
- ¼ teaspoon salt
- 1 dash black pepper

**Salad Ingredients**
- 1 small head green or Napa cabbage
- 1 orange or red bell pepper
- 1 Gala or Fuji apple
- ¼ cup sliced almonds (optional)
Directions
1. Whisk together dressing ingredients.
2. Shred or thinly slice cabbage.
3. Cut apple and pepper into small chunks.
4. Place cabbage, apples, pepper and almonds in large bowl.
5. Drizzle with dressing and toss.

Source: What's Cooking — USDA Mixing Bowl

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