

## **MEDIA ADVISORY**

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## **New Education Resource: Introducing The Food Trust's Online Learning Hub**

*Launching today, this free virtual learning platform offers videos, nutrition education lessons, tips and resources on eating healthy and staying active*

**VISIT:** [learning.thefoodtrust.org](https://learning.thefoodtrust.org)

Philadelphia, PA — As part of its core mission to ensure that everyone has information to make healthy decisions, **The Food Trust** has launched a brand-new [Online Learning Hub](https://learning.thefoodtrust.org), a free educational resource for families and individuals looking to eat healthy and stay active.

The Food Trust's user-friendly website features **over 150 videos** — ranging from nutrition education lessons and movement breaks to preschool activities and recipe demonstrations — meant for every age group, from preschoolers to seniors.

On the site, you'll find:

- **Preschool lessons**, including arts & crafts, gardening, story time and more
- **Quick Bites** video shorts focused on family-friendly healthy recipes and physical activities
- **Nutrition education lessons** for adults, focused on eating and cooking healthy; and shopping at farmers markets, corner stores and other retail outlets
- **Resources** for local and national healthy food access

In addition, the Hub's Teacher Portal provides teachers in our SNAP-Ed network with all the tools they need to teach students — either in the classroom or at home.

“With the closure of schools and community sites last year amid COVID-19, our team of nutrition educators immediately shifted to virtual learning, pivoting from in-classroom teaching to at-home filming,” says **Mark Edwards**, President & CEO of The Food Trust. “The new Online Learning Hub is the product of their incredible efforts to continue providing services to constituents during these challenging times, and it also allows us to expand our footprint by reaching people wherever they log in, anywhere in the world.”



## **About The Food Trust**

The Food Trust, a nonprofit founded in 1992, strives to make healthy food available to all. Working with neighborhoods, schools, grocers, farmers and policymakers, The Food Trust has developed a comprehensive approach that combines nutrition education and greater availability of affordable, healthy food. To learn more about The Food Trust, visit [www.thefoodtrust.org](http://www.thefoodtrust.org).

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